

About the Instructors



Lori A. Bolgla, PT, Ph.D., ATC is an Associate Professor in the Department of Physical Therapy at the Georgia Health Sciences University (formerly the Medical College of Georgia). She received her Ph.D. in Rehabilitation

Sciences from the University of Kentucky. She received both her B.S. in physical therapy and Advanced Master's degree from the Medical College of Georgia. She has advanced knowledge of kinesiological EMG and its applications to exercise prescription. Dr. Bolgla has devoted a substantial amount of time over the past 10 years reviewing evidence-based literature and conducting research pertinent to sports medicine and orthopedic-based problems. She also has extensive experience with development and delivery of content at the graduate level with respect to the use of physical agents.



Nathan (Ben) Herz, OTD, OTR/L, has been an occupational therapist for 19 years and a COTA for 9 and is now the Program Director at the Medical College of Georgia (MCG) Occupational Therapy

Department. He graduated with his Occupational Therapy Doctorate in 2004 from Creighton University's Post-Professional program. He has utilized modalities in his role as a clinical director and therapist. He has extensive experience in orthopedic and industrial injuries as well as experience with neurological diagnoses. He has lectured on using modalities in an OT frame of reference regionally. Dr. Herz is also recognized as an invited national speaker in the area of Parkinson's Disease and Occupational Therapy, as well as for his research in using gaming systems in rehabilitation. He currently serves as the clinical Occupational Therapist in the MCG Centers for Excellence for both Movement Disorders and ALS clinics. Dr. Herz is also involved with the CRSA and Columbia Area Parkinson's Support Groups as well as consulting on various issues related to Occupational Therapy and rehabilitation.

Registration & Cancellation Policy

Mobility Masters, Inc. reserves the right to cancel the course up to 10 days prior to the course date. In the event of cancellation by Mobility Masters, Inc., tuition will be refunded in full. Cancellations received at least one week prior to the seminar are refundable less \$20 administrative charge per registrant. For cancellations received later, a credit will be issued toward a future seminar. Please note that if you register and do not attend, you are liable for full payment. Substitutions permitted. Providing seats are available, on site payments of credit card or cash only may be made with a late fee of \$15. Mobility Masters, Inc. and its co-sponsors are not responsible for expenses incurred by an individual due to unforeseen circumstances beyond our control regarding cancellations.

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MOBILITY MASTERS, INC.

presents

Integration of Physical Agent Modalities for Occupational and Physical Therapy Practice

For **OT's, COTA's, PT's, and PTA's**
in Georgia, Florida, & Alabama

Returning Speaker!
Lori A. Bolgla, PT, Ph.D., ATC

New Speaker!
Ben Herz, OTD, OTR/L

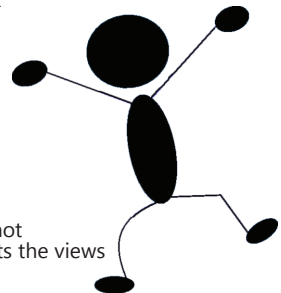
Sat. & Sun., Feb. 2-3, 2013, 8am-5pm
Everett-Milton YMCA, Community Room
103 S. Dawson Street, Thomasville, GA

**We hope you had a
wonderful Christmas!**

Florida OTs and OTAs: Do you need hours?

18 contact hours (1.8 CEUs)
pending approval by FPTA*
17 contact hours (1.7 CEUs)
pending approval by ALAPTA

*Accreditation of this course does not necessarily imply that FPTA supports the views of the presenter or the sponsors.



Course Description

This course is designed to provide occupational and physical therapy practitioners with a practical, hands-on approach of incorporating the use of physical agent modalities (PAMs) within an Occupational and/or Physical Therapy Practice framework. Information presented in the course is designed to provide an in-depth understanding of the use of PAMs for pain modulation, strengthening, and neuromuscular re-education. Emphasis will be placed on clinical applications of PAMs including superficial thermal agents, therapeutic ultrasound, and electrical stimulation. Content will be presented using a variety of instructional strategies to include lecture/discussion, small group activities and lab participation. The emphasis of the course is a "hands on" approach whenever possible. This course is intended to be very interactive. Level: Intermediate. Please note: Second day material is very basic and may not enhance a PT/PTA practice as this material is entry-level content.

Course Objectives

1. Explain the theoretical framework for pain modulation and its application to PAMs use.
2. Identify functional outcome measures to assess treatment effectiveness.
3. List indications as well as relative and absolute contraindications for the use of various PAMs.
4. Understand principles for the beneficial effects of superficial thermal agents, therapeutic ultrasound, low-level (cold) laser, and electrical stimulation.
5. Describe uses of PAMs for the targeted delivery of medications.
6. Select appropriate PAMs to enhance functional outcomes for patients/clients with musculoskeletal pathology and movement disorders.
7. Choose appropriate parameters for the implementation of various PAMs for a given patient scenario.

Cost & Course Credits

Cost **\$299** per person (if registered before Jan. 18)

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pending approval by FPTA*
17 contact hours (1.7 CEUs)
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Course Schedule

Saturday | February 2

- 7:30 Sign-In and Pretest
8:00 Introduction and Overview
8:15 Theories of Pain Modulation
8:45 Assessing Treatment Effectiveness
9:00 General Principles of Electrical Stimulation
10:00 BREAK
10:15 Indications and Contraindications Associated with Electrical Stimulation Use
10:45 Electrical Stimulation for Pain Modulation Lab
12:00 LUNCH (on your own)
1:00 Electrical Stimulation for Strengthening, Neuromuscular Re-education, and Biofeedback Lab
2:30 Iontophoresis
3:00 BREAK
3:15 Clinical Forum: Putting It All Together
4:30 Wrap Up, Questions, and Post-Test
5:00 Adjourn

Sunday | February 3

- 7:30 Sign-In and Pretest
8:00 Introduction and Overview
8:15 Use of Physical Agent Modalities within an Occupational Therapy Framework
9:15 General Principles for the Application of Superficial Thermal Agents
10:15 BREAK
10:30 Clinical Applications for the Use of Superficial Thermal Agents
11:30 LUNCH (on your own)
12:30 General Principles for the Use of Therapeutic Ultrasound
1:30 Clinical Applications for the Use of Therapeutic Ultrasound
3:30 BREAK
3:45 Principles and Clinical Applications for the Use of Low-Level Laser
4:30 Wrap Up, Questions, and Post-Test
5:00 Adjourn

Questions? Call 229-225-1441.

Ask about our group rate for 4 or more registering together.

To Register:

Complete the following form and...

- 1) Fax to (229) 226-6480 or
- 2) Mail to P.O. Box 1681
Thomasville, GA 31799

Choose one:

- *If mailing, registration must be postmarked on/before January 18th to receive discount.
- Before January 25, 2013* \$299
 After January 25, 2013* \$315

Name (NOTE: All registrants are automatically entered into an email and mailing list.)

Address (Billing Address for CC Payment)

City State Zip

Phone

E-mail

State & License #

Employer

Employer Fax #

Method of Payment: (please check one)

- Check MasterCard
 VISA Discover
 Diner's Club

Credit Card # Exp Date

Authorized Signature